



NYGP ANNUAL MEETING - 23 March 2023 14:00 -17:00

Attendants (planned):

Finland: Annika Kolster, Sofia Eriksson

Denmark: Anne Mette Torp

Iceland: Gísli Gunnar Gunnlaugsson and Sandra Ásgeirsdóttir

Sweden: Linn Ekström Feyzi and Nazila Mansimli

Norway - Ingvild Vatten Alsnes, Katrina Tibballs

NYGP will be working for better well-being among young GPs during 2022-24 focusing on factors that strengthen and induce well-being. As a part of this, we are doing a questionnaire, the results will be represented at NLS 08/23 and hopefully at NCGP 06/24.

A big part of this project is to raise awareness and discussion about GPs wellbeing, and this is something we hope to do continuously- however, lack of networks is an identified problem.

During the annual meeting we hope to identify and think of ways to strengthen networks for young GPs. Before the meeting NYGP members are asked to list all potential information channels and collaborators: These could be: Papers, Mailing lists, Facebook groups, Social media (especially active accounts, colleges that can be of help)

Meeting agenda:

1. 14-15 Introduction: What's on in each country? Network list shortly. 5 min/country -> 25 min
2. 10 min: Well-being questionnaire: Where are we now- what next? (Annika presents)
3. 20 min: Discussion on how to move on.

Short brake

4. 15:00 – 15:15: Young GP networks in Denmark - FYAM chair Thomas Benfeldt Purup
5. 15:15-16:00: Based on Thomas' inspirational talk: How will we strengthen our national networks? (Annemette and Thomas plan the workshop)
6. 16:00-17:00: How do we increase the visibility of NYGP? We want to raise awareness on both improvement of specialization and wellbeing, as well as advertising the pre-congress. What material do we want to spread, and how? Timeline/Yearcompass until pre-congress.
We also hope to share the workload and re-use material. A good example are the presentations in Stavanger that were modified and presented in Helsinki 11/22. Linn did a paper with questions we answered, and Annika a podcast with interviews. All of this needs to spread though.