



## Minutes from the pre-meeting to prepare NFGP leader seminar in Oslo 2020

The meeting was held at the Aalborg congress center, June 17, 2019

### Present:

Denmark: Anders Beich, Louise Hørslev

Norway: Gro Tove Hem Johnsen, Tor Carlsen

Sweden: Camilla Sandin Bergh, Ulrika Elmroth

Finland: Aleksi Varinen, Jaana Puhakka

Iceland: Salome Arnardottir, Berglind Gunnarsdottir

Wonca: Anna Stavdal

NFGP: Johann August Sigurdsson

The meeting was chaired by Tor Carlsen.

### 1. Presentation around the table

2. Programme for next year's meeting at [Askeladdens hus, Oslo Aug 27.-29 2020](#): 14 hours in total, excluding lunch. It's important to have enough time for discussion about the different themes. There will be five topics to be discussed, one session for each topic. In addition one session for situational report for each country, including both the national organisations and the young GPs.

Suggestions for themes for next year:

- How do we create and preserve continuity? In doctor/patient relationship.
- How do we make population care – how do we provide care for the vulnerable ones?
- Continuity.
- Primary care reform (Sweden and Finland)
- Changing specialist training/education
- Digital care
- Multimorbidity – guideline for GP
- Specialist training – how to improve specialist training
- The future in our office: What are we going to do and what are we not going to do? The tasks of general practice. How can we define our tasks?
- Bridging the gap between universities and GP.
- How to advocate for family medicine. Targeting the population, politicians, colleagues, etc.
- Choosing wisely – preventing overdiagnosis
- Esthetic medicine – ethical issues

Conclusions:

Sweden will present on advocating for family medicine, how to influence. The new leader has experience in this field.

Denmark will present on realistic medicine, in prolongation of Choosing wisely. Consider inviting the Scottish father of Choosing wisely.

Finland will present on influencing guidelines, using f ex multimorbidity, linked to overdiagnosis.

Iceland will present on specialist training.

Norway will present on the national implementation of Choosing wisely.

### **3. Frame of the meeting**

The financial matters will be as in previous meetings. Each country will fund the participants travel expenses, whereas the hosts will invite to dinners and social activites.

Young GP's are especially invited, it is recommended that each country will send one young GP, either as one of the 6 delegates, or as an additional delegate.

Anna Stavdal will be invited to bring in international perspectives.

Aalborg, 2019-06-17

Gro Tove Hem Johnsen