

# Annual report 2018 from the Chairmanship of NYGP (Nordic Young General Practitioners)

## The tasks of NYGP (vision and mission)

NYGP (Nordic Young General Practitioners) was founded in October 2016, when 13 young GP-trainees from Denmark, Sweden, Norway, Finland, Iceland and the Faroe Islands met near Reykjavik. The purpose of the meeting was to formally establish the NYGP and decide upon the structure and brainstorm on the vision and mission.



The primary purpose of NYGP was to create a network for Nordic young GPs (both trainees and newly established GPs) and medical students interested in general practice.

We created an executive board and decided that each country should have two representatives, and we agreed upon a flat organizational structure within the board of NYGP. Everyone was very enthusiastic at the meeting in Iceland and there wasn't a lack of ideas for the new network. To mention a few of these ideas, we talked about biannual Nordic Seminars of Primary Health Care (NSPHC) and creating a friendly environment on social media with the purpose of having a scientific and social melting pot of ideas.

We managed to establish the **NYGP Facebook group**, which currently counts 241 members from different Nordic countries.

We also took the first steps in organising the first Nordic Pre-Congress of General Practice (NPCGP) in Reykjavik 2017. At that time, we decided that the board was to facilitate the pre-congress and come up with ideas for different topics for the congress. We assembled a local HOC team in Iceland which carried out the further planning of the pre-congress and coordination with NFGP and the HOC for the main congress (NCGP).

The Pre-congress in Iceland was a great success with 50 participants from all the Nordic countries and even the Baltic countries and the USA was represented. A day before the Pre-congress the HOC team were able to arrange 12 exchange visits which also got positive feedback from participants.

Because of the success in Reykjavik 2017, we decided that the pre-congresses should be the main task of NYGP.

In November 2017 the NYGP board was asked to formalize the organisational structure by having a clear leadership similar to the NFGP. Therefore, we decided to adopt the organizational structure of NFGP. We were also asked to create a set of by-laws for the network.

We decided that the nation responsible for the next Nordic Congress has the 2-year chairmanship of NYGP and that they will represent the NYGP until the next Nordic Congress. Therefore, the Chairmanship in 2017 until 2019 fell upon the Danish representatives.



### Meetings and General assembly in 2018

In April 2018 the NYGP leadership were invited to join the **NFGP annual meeting**. Prior to this, the Chairmanship met and created the draft for the *by-laws* which was sent out to the other board members for comments. The by-laws were formally adopted in August 2018 after **the annual NYGP board meeting in Copenhagen**, where we also discussed our aims, budget and the upcoming Pre-Congress in Aalborg 2019.

Later in August the chairmanship was invited to the **Nordic Leader Seminar in Helsingør**, where we had the opportunity to meet the Nordic board members of the Nordic colleges and

unions of General Practice. This was a very inspiring meeting, where we had a lot of fruitful discussions on the present matters.



### Current terms and conditions (2018)

#### Economy

The membership of NYGP is free of cost, but there is a participation fee for the Pre-congress. The Executive board of NYGP applies funding from their national colleges or national funds, for free participation in the Pre-Congress's, as all other ordinary NYGP members.

NYGP will annually apply for funding from the NFGP.

For the years 2018 and 2019, NFGP has decided to contribute with the sum of DKK 50.000, - per year to support NYGP

activities. The NYGP chairmanship is responsible for obtaining permission from the director and chairman of NFGP for the funding of NYGP costs prior to use.

For future funding of NYGP, the chairmanship is obliged to forward a formal application to the NFGP board for the following year latest by 31<sup>st</sup> December each year.

In 2018 the funds have been used on the **NYGP General assembly** in August and the chairmanships participation in the Nordic Leader Seminar. The remaining amount has been transferred to the budget of 2019, to support the pre-congress in Aalborg and the next NYGP General assembly in Norway.



## Pre-congress

The pre-congress takes place prior to the Nordic Congresses every second year. We are currently planning the pre-congress in Aalborg in June 2019.

Responsibilities of the national NYGP representatives (also the current NYGP chairmanship):

- The national NYGP representatives are the main responsible for both organizing and hosting the pre-congress in their country. When possible, tasks can be delegated to fellow young doctors in the local area.
- The national NYGP representatives are responsible for ensuring that the content and setup of the pre-congress is in compliance with the purpose of NYGP's mission and vision.
- The duration of a pre-congress should be 1-2 days program + possible exchange visits
- The number of participants should be from 80-150 persons (the exact number will depend on available and affordable local venues).
- The costs of the pre-congress and possible social events should balance with the expected income of registration fees and possible donations from local/national organizations.



- The NYGP chairmanship has the responsibility to seek formal acceptance from the national college to cover any deficit, which might occur (e.g. due to low participation or unexpected costs).
- The membership of NYGP is free of cost, but there will be a participation fee for the Pre-congress and the Spring seminars. The fee must be at a maximum of 100 Euros and include daytime courses, meals and drinks.

## Thanks

We would first and foremost like to thank NFGP for the support in the organization of NYGP, helping with the creation of By-laws, vision and mission and providing a financial platform for our new network. Thank you for inviting us to the NFGP annual meeting and the Leadership seminar. It has been a great inspiration for us.

We would like to thank the executive board for their efforts during the years. We look forward to passing the leadership on to Norway and have great expectation from them.

Last but not least, thanks to the HOC for the pre-congress in Aalborg 2019 for all their hard work. And a very special thanks to the NFGP secretary for the great support with all the practicalities.



Copenhagen, 29<sup>th</sup> of January 2019

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Chairmanship of NYGP